

HAVEN FACIALS

The skin is the largest organ of the body and reflects our overall well-being. Haven is pleased to offer an array of facials utilizing our featured lines, Guinot, Astara, and Environ. At Haven, all of our facials are designed with your specific goals in mind.

THE SKIN SPECIFIC (Our most popular facial) No two skin types are alike. So our aestheticians customize this facial to your changing needs, starting with a thorough skin analysis. Complete with extractions, a customized mask, and a personalized skin cream, you'll emerge a glowing version of your former self.

60 minutes \$86

Top it off with one of our add-on's for extra benefit:

Colustrum Plumps and hydrates the skin. \$18

Vitamin Infusion Intensive infusion containing A+C, reduces fine lines & lightens sun spots. \$18

THE QUICK FIX Fix it fast! A swift way to repair and stimulate your skin with powerful bioactive ingredients. Your skin will be deep cleaned, clarified, and hydrated in a flash!

30 minutes \$60

MEN'S DEEP CLEANSE Our SKIN SPECIFIC FACIAL , customized for men. We use lactic acid to combat ingrown hairs, and pay special attention to exfoliation, hydration and extractions, to make your face as kissable as can be.

60 minutes \$86

TEEN CLEAN A totally awesome facial for the under-20 crowd. Skin analysis is followed by super-purifying, cleansing, and extracting as needed, plus an easy-to-follow skin care routine so you can keep up the good work.

45 minutes \$67

RADIANT-C Taking your vitamins has never looked so good! This anti-aging treatment will firm, lift, and add radiance, visibly transforming your skin.

60 minutes \$90

FACIAL TOPPINGS (Add to any facial)

15-minute MakeUp TouchUp \$15

45-minute MakeUp WakeUp (full face makeover) \$65

Facial Bronzing \$15

20-minute massage \$30

MEDISPA FACIALS

ENVIRON REVITALIZING FACIAL This result-oriented facial is anything but hocus pocus. You'll soon believe in these three magic words: exfoliate, oxygenate, radiate!

60 minutes \$112

Series of three \$320 | Series of six \$635

THE INTENSIVE A customized vitamin-rich, damage-fighting facial that gives your skin the power to defend itself from sun damage, while infusing it with Vitamin C to lighten and brighten. We finish with a one-two punch of collagen and retinol, to tighten and plump.

60 minutes \$125
Series of three \$360 | Series of six \$715

ENVIRON ACNE FACIAL Let's face it. For the problem-prone, this deep cleansing, oil-busting treatment is just the thing you need to get your skin back in control.

60 minutes \$90
Series of three \$260 | Series of six \$515

GLYCOLIC PEEL Peeling is believing. This quick, effective treatment utilizes a range of pharmaceutical-grade glycolics that deeply exfoliate, lighten age spots, and - hallelujah! - reduce the appearance of fine lines.

30 minutes \$78 | 60 minutes + facial \$116
Series of three \$225, or three + facial \$330
Series of six \$445, or six + facial \$660

LIGHT TCA PEEL Talk about good chemistry! TCA (trichloro acetic acid) is our fabulous, medium-depth chemical peel, highly effective in promoting skin smoothness and vitality. Also improves superficial discoloration and eliminates fine wrinkles.

30 minutes \$135 | 60 minutes + facial \$155
Series of three \$385, or three + facial \$440
Series of six \$770, or six + facial \$880

Technology meets serenity at Haven MediSpa! Haven MediSpa offers the latest, most powerful and technologically advanced laser treatments, and skin peels to slow down the appearance of aging, and restore a youthful glow. For more info, see our Haven MediSpa brochure.

PHOTOLIGHT FACIAL You'll see the light! Using our advanced IPL (Intense Pulsed Light) system, light energy is delivered through the skin, gently removing redness and spots, reducing pore size and minimizing fine lines.

**Priced upon consultation*

MICRODERM THERAPY This revolutionary resurfacing treatment is exactly what you need for dull, lifeless skin. Developed in Europe twenty years ago, the Microderm treatment gently removes dead skin and oxygenates skin cells. We'll lighten sun damage, and loosen and refine clogged, mature pores. If ever there was a miracle treatment in skin care, this is it! For maximum benefits, a series of six treatments is recommended.

30 minutes \$95 | 60 minutes + facial \$135
Series of three \$270, or three + facial \$385
Series of six \$540, or six + facial \$770

MASSAGE

SWEDISH MASSAGE A stress-busting, tension-relieving, muscle-relaxing MUST for anyone living in our fast-paced world. This customized full-body Swedish massage is guaranteed to aid circulation and reduce fatigue.

30 min. \$50 | 60 min. \$85 | 90 min. \$114

DEEP TISSUE The name says it all. This therapeutic technique releases pain using slow, deep pressure across the muscles.

30 min. \$55 | 60 min. \$88 | 90 min. \$118

MEDI-MASSAGE Sports-related injuries? Recurrent back problems? This therapeutic, medical massage is an effective, no-nonsense approach for muscular pain and tension.
60 min. \$88 / 90 min. \$118

HOLY STONE A truly spiritual experience. You'll float away as smooth, heated volcanic stones are used to melt tension and release tight muscles. Also known as Heaven on Earth, this massage has devoted followers singing its praises. Hallelujah!
60 min. \$98 / 90 min. \$130

AROMATHERAPY Inhale, then exhale what ails you. Our customized therapeutic massage with essential oils addresses a wide range of concerns, from stress to insomnia.
30 min. \$52 / 60 min. \$88 / 90 min. \$118

REFLEXOLOGY Much more than just a foot massage. This ancient Chinese technique addresses all areas of the body, stimulating circulation and opening up reflex zones by working pressure points on the foot.
30 min. \$50 / 60 min. \$72

SHIATSU This Japanese massage technique is based on the theory of yin/yang energy. Natural body weight is used on specific body points to release muscle tension, and unblock the body's energy flow. Please wear loose fitting clothing.
60 min. \$86 / 90 min. \$116

THAI MASSAGE Sometimes described as "assisted yoga", this ancient technique (based on Ayurvedic principles and Chinese medicine) works wonders to improve flexibility, release toxins and unravel your gnarliest knots. When it's over, you'll feel really, really good - in a revved-up, high-on-life kind of way.
60 min. \$88 / 90 min. \$118

PREGNANCY MASSAGE Moms-to-be, this is the answer to your prayers. Swollen legs, burning back muscles and decreased circulation - we'll take care of it all. Recommended for your second and third trimester.
30 min. \$62 / 60 min. \$88 / 90 min. \$118

REIKI Lighten up! Ancient eastern healing technique that utilizes a light hand touch to transfer energy flows. Energy blockages will be cleared and you will enter a deep state of relaxation and well-being.
60 minutes \$82

BODY TREATMENTS

LEMON CHIFFON BODY POLISH An exfoliating lemon and jojoba bead full body scrub, is followed with a warmed oil rub-down, and then we cocoon you in blankets and massage your scalp and shoulders. The finish is a fabulous anti-oxidant, age-defying cream.
60 minutes \$86

SEA SALT SCRUB The quintessential scrub. Sea salt and essential oils exfoliate the body from head to toe, removing dry, itchy skin and increasing overall circulation.
45 minutes \$78

BAMBOO LEMONGRASS SCRUB No need to be flaky. This amazing scrub combines powdered bamboo and walnut shells to banish dry skin, and the experience is complete with an uplifting blend of essential oils and massage.
45 minutes \$82

WARM MILK AND HONEY WRAP First, we buff you with a dry brush to get rid of dead skin cells. Then, we drizzle you with heated honey-oil, and wrap you up in warm blankets while we perform a scalp massage. Finally, we finish you off with a milk-and-honey cream. Yes, this is the Promised Land.
60 minutes \$86

CHOCOLATE BODY WRAP A deliciously decadent treat for all the senses. A Chocolate Scrub exfoliates and smoothes your skin, followed by a thermal Chocolate Mousse Mask, and scalp massage. We finish with a deeply moisturizing Chocolate Butter Cream. Yum.
60 minutes \$100

DETOXIFYING MUD TREATMENT It's good to get dirty sometimes. This body wrap stimulates the immune system, helps jump start circulation and eliminates deposits of toxins to produce a feeling of lightness and revitalization.
60 minutes \$88

CELLULITE THERAPY Plagued by your posterior? Cursing cottage-cheese thighs? This cellulite-fighting treatment combines Sea Algae extracts, Irish moss, Rose, Ginger and Lime together in a firming gel to tighten the skin's supporting tissue and improve circulation.
60 minutes \$86

BUFF AND BRONZE Now you can look like a Brazilian beauty without committing the ultimate faux pas of sunbathing. First, get buffed down with an invigorating salt scrub, then lie in repose as a professional, flawless suntan is applied.
60 minutes \$86

SPRAY TAN Gorgeous color, fast. Give us 30 minutes, and we'll give you a tan that says: I just flew to Rio for the weekend. Shh. It'll be our little secret.
30 minutes \$45 | 5 for \$200

WAXING

(Hard or soft wax available)

Brow Shaping & First time *20 minutes \$20*

Lip *15 minutes \$14*

Chin *15 minutes \$14*

Eyebrow *15 minutes \$16*

Lip, Chin, Eyebrows *30 minutes \$38*

Sideburns *15 minutes \$14*

Half-arm *30 minutes \$22*

Underarm *30 minutes \$24*

Bikini *30 minutes \$36*

Brazilian *45 minutes \$58*

Full Leg *60 minutes \$65*

Full Leg & Bikini *90 minutes \$90*

1/2 Leg *30 minutes \$34*

Back *45 minutes \$52*

Foot *15 minutes \$14*
Hand *15 minutes \$14*

Buy a series of 6 waxing treatments and receive a 10% discount!

LASER HAIR REMOVAL Fast and effective. Experience today's most advanced laser for permanent hair reduction. Prices vary depending on areas treated and the number of treatment sessions needed.

HAND & FOOT THERAPY

HAVEN CLASSIC MANICURE Our Classic Manicure starts with a warm sudsy soak, followed by a complete scrub. We follow with fabulous nail work, massage, and to top it all off... polish!
30 minutes \$26

HAVEN SPA MANICURE Our Spa Manicure treats you to an aromatic soak, exfoliation, and scrupulous nail work. We then devote the rest of your manicure to pampering with a soothing massage, and warm paraffin dip.
45 minutes \$40

HAVEN CLASSIC PEDICURE We soak your tootsies in an aromatic bath, and then work those calluses. We clip, trim, and buff your nails into shape, and finish with your favorite color.
45 minutes \$40

HAVEN SPA PEDICURE Get knee-deep in luxury. We start off with an aromatic soak and exfoliation. We follow with callous removal and nail work, and end with a massage for your calves, a soothing paraffin dip, and polish.
60 minutes \$60

CLASSIC MANICURE & PEDICURE We'll wait on you hand and foot! A divine combination of our two Classic Hand & Foot Treatments.
60 minutes \$62

SPA MANICURE & PEDICURE A two-hour bliss out. We soak in an enzymatic bath, we scrub with citrus infused silica, we trim, we shape, we clean. We work your tired muscles and give you a warming paraffin dip, and finally, we paint your nails to perfection.
120 minutes \$88

Nail treatment add-on's:

Paraffin dip *\$10*

Polish change *\$15*

French *additional \$5*

PRINCESS SERVICES

(For girls between the ages of 6 and 12)

PRINCESS FACIAL
20 minutes \$35

PRINCESS MASSAGE

20 minutes \$35

PRINCESS MANICURE/PEDICURE

20 minutes \$35

PRINCESS PACKAGE

All three services listed above. - 60 minutes \$95

BRIDAL SERVICES

BRIDE'S PACKAGE

Hot Stone Massage, Bridal Facial, Spa Manicure & Pedicure, Spa Lunch, Sea Salt Scrub. *5.5 hours \$355*

MINI BRIDAL PACKAGE

Bridal Facial, Swedish Massage, Classic Manicure & Pedicure. *3.5 hours \$225*

BRIDESMAID PACKAGE

Swedish Massage, Classic Manicure & Pedicure. *2.5 hours \$145*

PACKAGES

THE ROYAL TREATMENT A full day of Haven. When you just need to be treated like a queen or king for the day. A Skin Specific Facial, Holy Stone Massage, Spa Manicure and Spa Pedicure, Spa Lunch, and Sea Salt Body Scrub.
\$368

THE CLASSICS A perfect sampling of Haven's classic treatments. A Skin Specific Facial, Swedish Massage, and Classic Pedicure.
2.5 hours, \$205

PAMPER ME SENSELESS Warning: You may need a designated driver to take you home! A Holy Stone Massage, 30 Minute Reflexology, and Warm Milk and Honey Body Wrap.
3 hours, \$225

THE RED CARPET O.K., so maybe you're not going out in a limo tonight, but when we're done with you, you'll look Hollywood-fabulous, ready for anything - even if it is just dinner and a movie. A Radiant-C Facial, Sea Salt Scrub, Classic Manicure, and Classic Pedicure.
3 hours, \$225

SPA KISS A short but sweet spa pick-me-up! A Quick Fix Facial, 30 Minute Swedish Massage, and Classic Manicure.
1.5 hours \$135

THE GQ Our Men's Spa Package, just right for the hard-working, stressed-out, modern man. A Men's Deep Cleanse Facial, Deep Tissue Massage, and Sea Salt Scrub.

3 hours, \$245

THE SERENE TEEN Teenagers need to chill out, too! The perfect gift for the under-20 crowd. A Haven Teen Facial, Half-hour Swedish Massage, and Haven Classic Manicure.
2.5 hours, \$135

THE 3 P'S For all the challenges that come with that new bundle of joy, Haven's Pre or Post Pregnancy Package is just what new moms need. A Pre/Post Pregnancy Facial, Pregnancy Massage, and Haven Classic Pedicure.
3 hours, \$210